



2023 - 2024

# Safe Schools Plan

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SUPERINTENDENT OF EDUCATION,  
Nurturing our Catholic Community, Safe Schools, Continuing Education, and St. Anne Catholic Academy, School of Virtual Learning

*At Toronto Catholic  
we transform the world through witness,  
faith, innovation and action.*



**Catholic Education Centre**

80 Sheppard Avenue East  
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SCHOOL NAME	Blessed Sacrament Catholic School
SUPERINTENDENT:	Shawna Campbell
SCHOOL ADDRESS:	24 Bedford Park Ave Toronto ON M5M 1H9
STUDENT ENROLMENT:	427

PRINCIPAL:	Agostino, Riccardo
TRUSTEE:	Maria Rizzo



## OUR MISSION

The Toronto Catholic District School Board is an inclusive learning community rooted in the love of Christ. We educate students to grow in grace and knowledge and to lead lives of faith, hope and charity.

## OUR VISION

At Toronto Catholic we transform the world through witness, faith, innovation and action.

We believe in the worth and dignity of every person and that people thrive in a safe, healthy and compassionate environment. We strive to foster student achievement and well-being by providing all students with safe, healthy learning environment.

One of the ways we can achieve this goal is by using a whole-school approach to develop and nurture a positive school climate. The Safe Schools Action Team will consist of a variety of stakeholders in each school community responsible for advising the principal about school safety. The team will collaborate with the principal to create the local Safe Schools Plan.

### SAFE AND ACCEPTING SCHOOLS TEAM

<b>Administrative Rep</b>	<b>Balik, Rafal</b>	<b>Parent Rep</b>	<b>Steer, Tiffani; Murti, Michelle</b>
<b>Teacher Rep</b>	<b>Simonton, Allison; Christina Parvu</b>	<b>Community Rep</b>	<b>Brett; Julie</b>
<b>Support Staff Rep</b>	<b>Liotino, Maddalena</b>		

### SAFE SCHOOLS PLAN

All schools are required to develop and implement school-wide plans to help create a safe, caring and inclusive learning environment. Each Safe Schools Plan will consist of the following components:

1. Bullying Awareness, Intervention and Prevention
2. Progressive Discipline
3. Promoting a Positive School Climate
4. Emergency Response Plan

In order for all students, staff members and parents/visitors in the school facility to be prepared to respond to a serious threat, the response procedures must be practiced. The Toronto Police/School Board Protocol, 2011 requires a minimum of 2 Lockdown Drills every school year.

Please see below for the scheduled drills:

### LOCKDOWN DRILLS 2023-2024

<b>1</b>	<b>2023-09-26</b>	<b>2</b>	<b>2023-10-24</b>
<b>3</b>	<b>2024-02-06</b>	<b>4</b>	<b>2024-04-09</b>



# TORONTO CATHOLIC DISTRICT SCHOOL

## Safe Schools Plan



### **1. Bullying Awareness, Intervention and Prevention Plan**

Providing students with an opportunity to learn and develop in a safe and respectful society is a key goal of the TCDSB. Providing students with an opportunity to learn and develop in a safe and respectful environment supports academic achievement for all students, which in turn, helps them to reach their full potential. Research and experience show that bullying is a serious issue that has far-reaching consequences for individuals, their families and peers and the entire school community. Schools that have bullying intervention and prevention strategies foster a positive learning and teaching environment that supports academic achievement for all students and that helps students reach their full potential. PPM 144



**School Vision**

To provide a safe and caring Catholic school community for all, with a focus on student achievement and well-being at Blessed Sacrament Catholic Elementary School.

**Goal #1**

To promote overall wellbeing through a variety of school wide prevention measures and initiatives.

**Initiatives/Strategies/Practices**

- School and classroom events:

Orange Shirt Day - Sept. 30, 2023  
 World Mental Health Day – October 10, 2023  
 Pink Shirt Day – Feb. 28, 2024  
 World Down Syndrome Day - March 21, 2024  
 World Autism Awareness Day – April 2, 2024

To share the following links with staff to promote mental and physical health in the school:

School Mental Health Ontario - <https://smho-smso.ca/find-a-resource/?type=classroom-resource>  
 PPM 169 (Student Mental Health) - <https://www.ontario.ca/document/education-ontario-policy-and-program-direction/policyprogram-memorandum-169>  
 OPHEA Health School Certificate - <https://healthyschools.ca>

Anti-bullying speakers to address teachers, parents at all grade levels \*\*\*\*\*

Communicate discipline procedures and consequences for bullying to school community - students that are victims are to reach out to staff/admin for help

School website

Monthly newsletter

TCDSB Anonymous Alerts tip line

Regular review of playground + turf supervision plan

Establish classroom and playground rules regarding bullying

Work with teaching staff to establish intervention programs

Enable student leadership in anti-bullying programs, “upstanders” vs.. “bystanders”

Leadership Team - Stop the Stigma

CSPC to bring in Paul Davis to speak about 'Staying Safe Online' and 'Using Social Media'

Debriefing sessions for students/staff re: incidents of bullying

- Incorporate Anti-Bullying Messages into Curriculum

Include marginalized groups (Indigenous and LGBTQ2s+)

Recognizing Truth and Reconciliation calls for action for Indigenous peoples - impacts of colonialism

- Social Worker support
- Guidance support

**Responsibility**

Entire School Community comprising of staff, students, parents and parish

## Resources

The following resources will be utilized to support these initiatives/strategies/practices:

Safe Schools Survey (2023)

Safe and Caring Schools Plan (Kindness Counts)

'The Third Path' - A relationship based approach to student well being and achievement. The eight hierarchical conditions that support student well-being and academic achievement are safety, regulation, belonging, positivity, engagement, identity, mastery and meaning (Part of the school SIEP)

TCDSB Safe Schools' website and team

TCDSB Bullying Prevention Program

TCDSB Progressive Discipline Model

CSPC parent council and parent community

BSCS teachers and support Staff

Community Police Liaison Officer - Safe Use of social media, safe communities, community helpers

Blessed Sacrament Parish team - Father Larry, Father Clement, and Youth Minister Joanna

Guidance Teacher

Social Worker

Lunchtime Supervisors

Student Leadership Team

Health and Phys. Ed Department DPA resources

## Measurement of Progress

The following metrics will be used to measure progress in achieving the Goal:

The following metrics will be used to measure progress in achieving the Goal:

TCDSB Progressive Discipline Model

Incident Reports and Behaviour Log

Safe Schools Survey

Community Engagement

Observations and feedback from school community (parents, teachers, students)

Volume of communications to parents, teachers & students about Safe and Caring School initiatives

Timely feedback to students/classes/ school about behaviour



# TORONTO CATHOLIC DISTRICT SCHOOL

## Safe Schools Plan



### School Vision

To provide a safe and caring Catholic school community for all, with a focus on student achievement and well-being at Blessed Sacrament Catholic Elementary School.

### Goal #2

To promote well-being through a variety of school wide initiatives and prevention measures.

### Initiatives/Strategies/Practices

Staff and Student initiatives:

- 'The Third Path' - A relationship based approach to student well being and achievement. The eight hierarchical conditions that support student well-being and academic achievement are safety, regulation, belonging, positivity, engagement, identity, mastery and meaning (Part of the school SIEP)
- Student Leadership Committee - Kindness Campaign
- Review opportunities to reinforce kindness across the grades in the classroom and at recess (buddy bench, upstander vs. bystander) "Respect for self, space, and others"
- Recognition of kind deeds performed by students (incentives/stickers)
- Integration of religious teachings regarding kindness
- Bulletin Boards - Kindness quotes, empowerment of self/voice, Hallway art
- Promote Student Leadership in the area of kindness
- Grade 5 Students on Rotation to support students from ME/DD class for lunch recess outside
- Student led initiatives that promote mindfulness and inclusivity
- Student Leadership committee to promote leadership opportunities across all divisions for well-being initiatives; committee to provide survey in June to classes to assess the level of engagement in activities across all grade levels
- Staff/student led GSA club
- Weekly classroom visits by Father Clement and Youth Minister Joanna

Development of Blessed Sacrament Vision/Mission Statement

- Focus on self-regulation to help students manage emotions and stress
- Communication plan for updating parents, students & other stakeholders
- School divisional assemblies
- PA Good News Stories/announcements to promote equity and inclusion
- Parent newsletter
- School web site
- Staff weekly bulletin
- Student recognition for TCDSB Virtue of the Month

### Responsibility

Entire School Community comprising of Staff, students, parents and parish

### Resources

The following resources will be utilized to support these initiatives/strategies/practices:





# TORONTO CATHOLIC DISTRICT SCHOOL

## Safe Schools Plan



Safe Schools Survey  
Safe and Caring Schools Plan (Kindness Counts)  
Safe Schools website  
TCDSB Bullying Prevention Program  
TCDSB Progressive Discipline Model  
CSPC parent council and parent community  
BSCS teachers and support Staff  
Community Police Liaison Officer visit to classrooms  
Blessed Sacrament Parish team - Father Larry, Seminarian Jesus, and Youth Minister Joanna  
Guidance Teacher  
Social Worker  
Lunchtime Supervisors  
Student Leadership Team  
Health and Phys. Ed Department DPA resources  
Review TCDSB resources

### Measurement of Progress

The following metrics will be used to measure progress in achieving the Goal:

Incident Reports/Behaviour Log/Progressive Discipline data  
Safe Schools Survey baseline and subsequent data  
Positive atmosphere upon entering the school/visible result (students open door, respectful)  
Community engagement and involvement in Safe and Caring Schools committee  
Observations and feedback from school community (parents, teachers, students)  
Communications about Safe and Caring School initiatives to parents, teachers & students about  
Completion of activities outlined in Safe and Caring School plan  
Timely feedback to students/classes/school re: activities and initiatives around well-being and inclusive practices



# TORONTO CATHOLIC DISTRICT SCHOOL

## Safe Schools Plan



### School Vision

To provide a safe and caring Catholic school community for all, with a focus on student achievement and well-being at Blessed Sacrament Catholic Elementary School.

### Goal #3

To promote well-being through a variety of school wide initiatives and prevention measures.

### Initiatives/Strategies/Practices

- Parent Volunteers during morning arrival
- Log incident reports
- prompt reporting of inappropriate behaviour
- Progressive Discipline
- Promoting Catholic Graduate Expectations in class and throughout the school
- Attending mass/liturgy at the church; younger students walk with older buddies, staff strategically placed to maintain safety from school to church and back to school
- Community Building Activities (Fun Fair, School Masses and Liturgies, Virtue Awareness and Assemblies, Parent/Community Involvement)
- Promote Student Leadership
- Guidance support -opportunities for students to speak to staff/peers, in a safe caring environment about issues that arise
- Code of Conduct enforced
- Appropriate Dress Code

### Responsibility

Entire school community comprising of staff, students, parents and parish community.

### Resources

The following resources will be utilized to support these initiatives/strategies/practices:

- Police Liaison officer
- Blessed Sacrament Parish team - Father Larry, Father Clement, and Youth Minister Joanna
- CSAC funded performances
- Guest speakers
- Guidance support
- Safe Schools Dept
- Safe Schools Portal
- Guidance Teacher





# TORONTO CATHOLIC DISTRICT SCHOOL

## Safe Schools Plan



### Measurement of Progress

The following metrics will be used to measure progress in achieving the Goal:

- Number of incidents logged
- Parent/Student/Staff Feedback
- Safe School survey
- Student Engagement



**2. Progressive Discipline Plan**

Progressive discipline is a whole-school approach that utilizes a continuum of interventions, supports, and consequences to address inappropriate student behaviour and to build upon strategies that promote positive student behaviours. When inappropriate behaviour occurs, disciplinary measures should be applied within a framework that shifts the focus from one that is solely punitive to one that is both corrective and supportive. Schools should utilize a range of interventions, supports and consequences that include learning opportunities focused on reinforcing positive behaviour and helping students make good choices. PPM 145

**School Vision**

To continue to develop a whole school approach of progressive discipline whereby the learning community is well versed with the progressive discipline plan, the continuum of consequences and interventions and support for inappropriate behaviours.

**Goal #1**

To establish a variety of school wide prevention measures and initiatives.

**Initiatives/Strategies/Practices**

- Communication to entire school community of BCSC Progressive Discipline Model: Major, minor incidents, listing consequence/intervention/action plan
- Provide direct teaching of behavioural expectations in all grade levels
- Support teachers by promoting behaviour expectations
- Communicate with parents about behaviour infractions in a timely manner
- Recommend guidance teacher or social worker support when necessary
- Clear communication to students about consequences for their actions
- Review recess and supervision coverage
- Encourage appropriate dress code
- Debrief reviews with staff for critical incidents of progressive discipline

**Responsibility**

- Entire School Community: administrators, staff, students, parents
- TCDSB Safe Schools
- Police - School Liaison

**Resources**

The following resources will be utilized to support these initiatives/strategies/practices:

- BCSC Progressive Discipline Model Chart: Major, minor incidents, listing consequence/intervention/action plan
- Restorative practices
- Communications with parent community
- Ontario's Equity and Inclusive Education Policy
- Progressive Discipline Model
- Annual school survey results



# TORONTO CATHOLIC DISTRICT SCHOOL

## Safe Schools Plan



### Measurement of Progress

The following metrics will be used to measure progress in achieving the Goal:

- Incident Reports and Behaviour Log
- Safe Schools Survey
- Staff/student/community feedback



3. Positive School Climate

A school should be a place that promotes responsibility, respect, civility and academic excellence in a safe learning and teaching environment. A positive school climate exists when all members of the school community feel safe, comfortable and accepted. The Safe Schools Action Team and student leadership groups can play key roles in supporting learning and practices that educate students and staff members about safety concerns. Those practices used for very challenging situations that can jeopardize the safety and well being of others include, but not limited to: Threat Assessment, Restorative Conference and Mediation Circles.

**School Vision** To promote a positive school culture by fully demonstrating our faith through our pastoral plan "with hearts of kindness and love".

**Goal #1** To nurture and develop positive leadership skills of students, staff, and parents through opportunities embedded in school life that demonstrate equity, inclusivity, and kindness through action.

Initiatives/Strategies/Practices

- Nurture close relationship with Blessed Sacrament Church - Blessed Sacrament Parish team - Father Larry, Father Clement, and Youth Minister Joanna
- Weekly visits Blessed Sacrament Parish team - Father Larry, Father Clement, and Youth Minister Joanna
- Sacrament visits by parish priest
- Grade 5 Students on Rotation to support students form ME/DD class for lunch recess outside
- Charity drives to benefit community (food drive, Mitten Tree, Christmas Wish Food and Gift Card Gift Drive etc.)
- Out of the Cold - Mitten/Scarfs/Hat donations made from Mitten Tree
- Christmas Food Drive - Toronto Food Bank
- Pass it On - Feb 2023
- Shoebox Drive - Grade 7 and 8
- Outreach to TCDSB schools in need
- Student Leadership Events and Opportunities
- Retreats/activities for sacrament grades
- Greening Initiative
- Increased awareness of Catholic Graduate Expectations
- Safe and Accepting School Team committee
- Allergy Awareness
- Anti-bullying initiatives
- Focus on health and mental wellness
- School Community-building Activities
- Birthday Wishes during morning announcements
- Fun Fair
- Walkathon - Theme ("Pride - Support for LGBTQ2s+ Community")
- Remembrance Day Guest Presentation and Ceremony via PA - collection of funds for poppies to be donated at the Canadian Legion
- Earth Hour and Earth Week Observances an activity to clean-up school and surrounding community
- Winter Carnival
- Virtues of the Month acknowledgements/celebrations
- Parent volunteers/engagement events
- School wide DPA-indoor and outdoor DPA activities
- Recognition of bus drivers, crossing guards for maintaining the safety of students
- Parent Volunteers during morning arrival



# TORONTO CATHOLIC DISTRICT SCHOOL

## Safe Schools Plan



### Responsibility

Entire School Community (home, school & church)

### Resources

The following resources will be utilized to support these initiatives/strategies/practices:

Staff/students at Blessed Sacrament School  
Equity and Inclusive Education Policy  
CSPC  
Safe and Caring Schools Committee  
Parent Community  
Leadership Team  
Staff of Blessed Sacrament Church  
Library Technician  
Equity and Inclusive Education Policy  
TCDSB senior staff  
Trustee Rizzo

### Measurement of Progress

The following metrics will be used to measure progress in achieving the Goal:

Student, Staff and Parent Engagement  
Successful Completion of Community Initiatives  
Community Feedback



# TORONTO CATHOLIC DISTRICT SCHOOL

## Safe Schools Plan



### School Vision

To promote a positive school culture by fully demonstrating our faith through our pastoral plan "with hearts of kindness and love".

### Goal #SVP 1

To nurture and develop positive leadership skills of students through opportunities embedded in school life to demonstrate charity and wellbeing through our actions.

### Initiatives/Strategies/Practices

- Various Student Lead Projects- Kindness, Equity, various charities
- Leadership Team initiatives--lead assemblies, lead Halloween and other school-wide activities
- Kindergarten Helpers (grades 5-8)
- Weekly DPA sessions
- 

### Responsibility

- Leadership Team teacher liaisons
- Student body
- Staff
- Parents
- Parish team (Father Larry, Jesus, and Joanna)

### Resources

The following resources will be utilized to support these initiatives/strategies/practices:

- Staff
- Ministry of Education
- Guidance Teacher

### Measurement of Progress

The following metrics will be used to measure progress in achieving the Goal:

- Progressive Discipline data
- Positive atmosphere upon entering the school
- Visible result (students open door, respectful)
- Staff/student/community feedback





4. Emergency Response Plan

The Toronto Catholic District School Board has a primary responsibility to ensure the safety of students and staff inside Board buildings and on Board property. Central policies and procedures, developed in collaboration with the Toronto Police Service, provide direct support to school administrators in the management of crisis situations, including a lockdown response. It is the responsibility of each school to develop local procedures specific to that school, including a process by which all regular staff members, itinerant and specialist teachers and support staff, facility workers and visitors are informed of local considerations in the event of a threat to school safety. MOE Provincial Model for a Local Police/School Board Protocol

**School Vision** All students, staff members and visitors will become knowledgeable about emergency procedures for threats to the safety and well-being of all persons at school, and will be able to appropriately respond according to the guidelines established by TCDSB.

**Goal #1** To plan, practice and evaluate a minimum of 4 lockdown Drills in this school year.

**Initiatives/Strategies/Practices**

- Practice lockdown and fire drills
- Promote general safety in school and school yard (i.e. practice/model safe entry/exit of building)
- Lunchtime Monitors placed at the west side doors leading to the school yard for the lunch recess to open doors for students to enter the school building during recess
- Designated Adult (Principal/VP/Caretaker) to assist ME/DD classroom in Fire Drill to assist in getting students safely out of the building.
- Plan to get ME/DD student safely into second classroom (room 215) in the case of an unsafe situation with other students in the class.
- Anaphylaxis awareness and in-service on protocol
- Concussion Protocol and Awareness.
- Student Alert Posters - pictures of students with anaphylaxis, medical alerts located in office, classrooms, staffroom (Pending completion of school photos) to alert staff of medical needs
- Communication sent home to review and confirm accuracy of medical information
- Allergy, including non-anaphylaxis information provided to staff
- Epi-pens in office, clearly labeled with student information, new epi-pens requested when expired
- Bus students with anaphylaxis have stickers on back packs to alert drivers
- Guidelines/information provided from Anaphylaxis Canada
- Concussion Recognition Tool
- Clear protocol for visitors to school - sign in at main office and wear visitor sticker
- Safety Response Plan in each classroom
- Emergency response protocol communicated in all teacher emergency plans
- Buddy System when going to the washroom



### Responsibility

Practice lockdown and fire drills

Promote general safety in school and school yard (i.e. practice/model safe entry/exit of building)

Lunchtime Monitors placed at the west side doors leading to the school yard for the lunch recess to open doors for students to enter the school building during recess

Anaphylaxis awareness and in-service on protocol

Student Alert Posters - pictures of students with anaphylaxis, medical alerts located in office, classrooms, staffroom (Pending on completion of school photos) to alert staff of medical needs

Communication sent home to review and confirm accuracy of medical information

Allergy, including non-anaphylaxis information provided to staff

Epi-pens in office, clearly labeled with student information, new epi-pens requested when expired

Bus students with anaphylaxis have stickers on back packs to alert drivers

Guidelines/information provided from Anaphylaxis Canada

Concussion Recognition Tool

Clear protocol for visitors to school - sign in at main office and wear visitor sticker

Safety Response Plan in each classroom

Emergency response protocol communicated in all teacher emergency plans

Buddy System when going to the washroom

### Resources

The following resources will be utilized to support these initiatives/strategies/practices:

-Anaphylaxis Protocol

-School Administrators

-Custodian

-TCDSB Threats to Safety Response Procedures

-School Action Team

-Police/Fire Partners

### Measurement of Progress

The following metrics will be used to measure progress in achieving the Goal:

-Positive Assessment of Lockdown and Fire Drills

-Emergency Procedure poster visible in each classroom

-Post Anaphylaxis students Poster in each classroom, main office and common staff areas

-Data Management of Medical forms returned of students with Medical Alerts