

MICHAEL POWER SAINT JOSEPH CATHOLIC HIGH SCHOOL




SPECIALIST HIGH SKILLS MAJOR



ITE
AD JOSEPH

HOME OF SCHOLARS AND CHAMPIONS

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The Fruit of the Spirit is
love,
joy,
peace,
patience,
kindness,
generosity,
faithfulness,
gentleness,
and self-control.
*We live by the Spirit
let us also be guided
by the Spirit.*

Words of Welcome

DEAR STUDENTS AND PARENTS/GUARDIANS:

Welcome to Michael Power • St. Joseph Catholic High School.

Michael Power • St. Joseph High School is a co-educational school of approximately 1900 students located in central Etobicoke. Our present school began as two distinct high schools under the Catholic leadership offered by the Sisters of St. Joseph in 1949 and the Basilian Fathers in 1957. In 1982, the two schools were officially amalgamated, and in 1994 the school was relocated to its present site. Serving as a daily reminder of our origin and traditions, the statue of St. Joseph and Jesus, and the beautiful stained glass window from the original chapel at the St. Joseph Islington campus have been installed on the present site. The statue of Bishop Michael Power, commissioned as a centennial project and supported with funds raised by the students in 1967, welcomes our students to school every morning.

The staff members at MPSJ are dedicated to the development of the whole person by ensuring that each student is actively engaged in the life of the school. Our two school mottoes: *The love of Christ has gathered us together into one*, and *Teach me Goodness, Discipline and Knowledge*, characterize our philosophy of education and guide us as we come together in community to learn and do God's work.

MPSJ has a proud legacy of academic excellence as validated by a high success rate of graduating students to post-secondary institutions. Our graduates are accepted into universities and colleges across Canada. The International Baccalaureate Diploma Programme offered at MPSJ is a globally-recognized, pre-university program of study offered to students who are motivated, independent learners displaying high academic standing, leadership skills and the ability to accept a challenging curriculum.

Our comprehensive spectrum of co-curricular activities complements our academic program. Students involved in Arts and Technology utilize state-of-the-art equipment and participate in musical and dramatic productions, art shows and technological design competitions. The athletic program encourages physical fitness, teamwork and cooperation as students compete in the T.D.C.A.A. or participate in school-based activities. Students enrolled in Business Studies and Computer Science have the opportunity to participate in the annual provincial OBEA contests in accounting and programming- contests where MPSJ students have been very successful both boardwide and provincially. A wide base of clubs, social justice activities and leadership initiatives are offered to students throughout the year.

It is with absolute pride and enthusiasm that we share the Michael Power-St. Joseph experience with you. Leadership, participation, school spirit, the pursuit of excellence and daily contribution to the Catholic culture and community serve as the foundation of our school. Welcome to Michael Power • St. Joseph, the home of scholars and champions!



Picture taken prior to the COVID-19 Pandemic



At MICHAEL POWER / ST. JOSEPH HIGH SCHOOL, we envision students who:

are formed in the Catholic faith;
apply Christian values to life's
opportunities, challenge and choices;
strive for academic excellence;
demonstrate relevant knowledge and ability;
display self esteem and self respect;
strive to be the best they can be;
demonstrate skills for developing and
maintaining personal and family wellness;
demonstrate global perspective and
community responsibility



Power by the Numbers

We've been around for **7** decades

We have over **60** clubs and activities

Our students have **1** green screen studio

We've won over **500** championships

In **4** years, we won **51** athletic championships

Our students have access to **8** computer labs

We have **2** art studios & **3** music studios

Our IB university acceptance rate is over **99%**

We offer over **41** sports teams

We have **2** beach volleyball courts

We have **1** state of the art FIFA Certified Sports Field

We have approx. **1000** students on the honour roll

We have **10** science labs

Our auditorium seats **600** people



Grade 9 Program



The majority of courses in Grade 9 are offered as academic, with a focus on theory, or applied with an emphasis on application. Students in grade nine will not be locked into a stream. They will be able to switch to the other stream in grade ten if it is more appropriate to their learning style. Optional courses including music, visual arts, drama integrated technologies, information & communication technology in business and healthy active living are offered as open level courses.

Gifted, Extended French, and ESL programs are available to serve individual needs. Our special education program is based on an inclusive model of support for students with a wide variety of learning needs. Some of these students will enroll in locally developed courses.

Core Subjects

English	Academic, Applied, Locally Developed
Science	Academic, Applied, Locally Developed
Math	Destreamed, Locally Developed
French	Academic, Applied
Geography	Academic, Applied
Religion	Open

Optional Courses (Open Level)

Healthy Active Living
Information & Communication Technology in Business
Music
Visual Arts
Drama

Extended French Credit Courses

Français	Academic
Géographie	Academic
Théologie	Open
Commerce	Open

Orientation

The transition of students from elementary school to a large high school can be a daunting experience for many grade 9 students. Our summer transition program is a fantastic way for students to get to know one another, meet teaching staff, and get acquainted with our community. Students will earn a high school credit towards their diploma before they begin full time in September. The degree to which these grade 9 students make an early attachment to their new school is a key indicator of future academic success.



At MPSJ, we offer a number of orientation activities to assist Grade 9 students as they transition from elementary to secondary school:

- Summer School Transition Program
- Grade 9 Google Classroom
- First Day of School – Special Schedule
- Grade 9 Assembly
- Grade 9 Parent/Guardian Information Evening
- Various orientation activities to build relationships and a strong sense of community
- Various assemblies & presentations throughout the school year



Support for Students

Chaplaincy

The Chaplaincy program provides pastoral care and is primarily responsible for the spiritual well being of the Michael Power • St. Joseph community.

The Chaplaincy team consists of two teachers and approximately one hundred student Peer Ministers who provide a multitude of services to the community both inside and outside the school.

The chaplaincy team leads the school in the implementation of the three-year pastoral plan, *Walking with Christ : With Eyes of Faith & Hope, with Hearts of Kindness & Love, with Minds of Justice & Peace.*



Spiritual and Social Justice Activities

- | | |
|---------------|--------------------|
| Food Drive | Retreats |
| Peer Ministry | Homeroom Liturgies |
| Liturgy | Daily Prayer |



Learning Commons

MPSJ's Library Program is designed to give all students equal opportunity to succeed in a constantly changing technological world. Research skills will be introduced with a five day grade 9 Library Orientation and will continue to be developed and reinforced until graduation.

Our library houses an extensive collection of books. Students will be able to locate, critically examine and use information from a variety of sources which include our 24-hour online databases. Students and staff have remote-at-home access to a variety of encyclopedias, books, magazines, journals and newspapers that are updated daily.



Student Services (Guidance)

What Do We Do?

Beginning with the elementary schools in our area, we liaise with students, teachers and parents to appropriately place all incoming grade nine students. During the grade nine year extensive work is done to ensure students receive the assistance they need to succeed in grade nine and choose the appropriate program of study in grade 10. Throughout secondary school students are supported in planning their educational program to meet the requirements of the OSSD and college/ university programs. Counsellors liaise with post-secondary institutions on an ongoing basis to be able to provide students with current information.

The Student Services Department provides students with the opportunity to:

- formulate education plans consistent with their intellectual abilities, interests and personal goals
- learn more about the world of work and employment opportunities suited to their interests and abilities
- develop a positive self-image and explore ways of establishing successful relationships with others



To meet the social and emotional needs of the students, counsellors do one-on-one counselling, refer students to the school social worker, psychologist, nurse or community agencies as needed.

Support for Students

Learning Enrichment Program

The students accessing this program have been identified through the IPRC and Exchange of Information process as requiring accommodations to achieve academic success. Many grade 9 students with an IEP are enrolled in a Learning Strategies course that focuses on learning styles, organizational skills, literacy and numeracy development and remediation. Students in grades 10-12 are monitored in all classes for learning needs and supported with accommodations required for success across all areas of the curriculum.

MEDD Program



Pre- COVID-19

The Special Education Department is dedicated to meeting the needs of all our students. The MEDD Program plans for the success of each student and provides opportunities that are supported through specialized programs, and EA and CYW support. The students are integrated in peer-appropriate classes according to their strengths and needs. Emphasis is placed on the school-to-work transition, development of social and life skills, and preparation for college vocational programs.



Pre- COVID-19



Gifted & Enrichment

'em...POWER...ing'

Students have been formally identified by an IPRC process for this non-credit differentiated, enriched program.

The program facilitator works with students by monitoring their academic achievement and development, and encouraging an increased depth and breadth of learning experiences. Students who are not formally identified may participate by contacting the program facilitator. The program is not exclusive and any student that is interested in program activities is included and encouraged to participate.

Students can engage in workshops, conferences, competitions and a variety of gifted/enrichment activities in the school and greater community. All of these activities are structured to meet the needs of gifted learners by nurturing and further developing communication, critical thinking, creativity, and leadership skills as well as global citizenship.



Pre- COVID-19



When opportunity knocks...answer!

Enrichment Programming

Students choose to participate in enrichment opportunities based on their interests:

- Engineering design competition
- Model United Nations Assemblies
- Pro/Con debating
- Essay & speech competitions
- Community involvement
- Summer Programming
- Social justice
- Theatre
- Law conferences
- Duke of Edinburgh Awards
- Mentorship Programs
- University outreach
- Mental Health Awareness School Initiatives
- Social Justice Symposiums
- Speech and Language Competitions
- Math, Science and Engineering Competitions
- Business and Computer Science Competitions

Specialist High Skills Major - S.H.S.M

WHAT IS A SPECIALIST HIGH SKILLS MAJOR?

The Health and Wellness or Sports SHSM programs offer students the opportunity to explore a career in the sector and to acquire the skills and experience that will assist them in their post secondary pathway (destination): Apprenticeship Training, College, University and the Work Place.

This SHSM may be designed to have a particular focus – for example, on health care, fitness, or child care and family services.

STUDENTS ENROLLED IN THE SPECIALIST HIGH SKILLS MAJOR PROGRAMS HAVE THE OPPORTUNITY TO:

- Customize their secondary school education to suit their interests and talents through a specialized bundle of credits
- Develop sector-recognized knowledge and skills while earning their Ontario Secondary School Diploma (OSSD)
- Explore, identify, and refine career goals
- Make informed decisions regarding post-secondary destinations
- Access resources, equipment, and expertise
- Receive a special SHSM red seal designation on their diploma
- Network with potential employers

Cooperative Education

Senior students can gain work experience, explore careers and earn credits toward their high school diploma by enrolling in a cooperative education course.

Courses are offered in **two, three, or four** credit packages and are an excellent way to explore various career options.

In Partnership with Humber College, students enrolled in a Co-op Program may register for the **DUAL CREDIT** Program and take a first year Humber College Course.

Students will earn a college credit which will count towards a future related college program, an additional high school credit for the O.S.S.D. and maintain a co-op work placement.



Extended French

Michael Power/St. Joseph is one of the TCDSB's first schools to offer an Extended French Program. Since the early 1980s, the MPSJ French Department has been committed to offering a rich, experiential and authentic experience to our students who have chosen to continue the Extended French program at the secondary level.

By being part of the Extended French program, students have enjoyed the best of two worlds. As our students often say, being in the Extended French program allows you to be part of a smaller family within a larger one. As Extended French students transition to secondary school, they are encouraged to stay in French and be part of our longstanding Extended French family!



Michael Power/St. Joseph French students have the opportunity to participate in:

- Le Concours d'art oratoire
- OECTA Jeunes Ecrivains
- CEEF student exchanges to Europe
- Explore (Summer French program)



PROGRAM DETAILS:

The Extended French Program is offered to those students who have completed the Extended French program from Grades 5-8. Throughout their high school years, students will earn 11 OSSD credits in French. Our Extended French program consists of the following courses.

- Grade 9 : Français/Géographie/Religion/Affaires et Commerce
- Grade 10 : Français/Histoire/Religion/Carrières et Civiques
- Grade 11 : Français/Grandes Religions
- Grade 12 : Français

*Students successfully completing all courses offered in the Extended French Program will receive an Extended French Certificate with Specialization in their graduating year.

Please note: Extended French students wishing to enroll in the International Baccalaureate Program will follow a modified Extended French Program. Upon Graduation, these Extended French/I.B. students will receive an Extended French Certificate.

International Baccalaureate Program



The International Baccalaureate (IB) Diploma Programme is an internationally acclaimed programme available in over 125 countries with over 4000 schools. It is an academically challenging and balanced programme of education. IB addresses the intellectual, social, emotional and physical wellbeing of students, and is respected by universities across the globe.

IB is undertaken by students in the final two years of their high school career. IB students will:

- be encouraged to think independently and drive their own learning
- take part in programs of education that can lead them to some of the highest ranking universities around the world
- become more culturally aware, through the development of a second language
- be able to engage with people in an increasingly globalized, rapidly changing world.



MPSJ-IB MISSION STATEMENT

Michael Power - St Joseph High School and its IB programme, the Toronto Catholic District School Board, and the International Baccalaureate Organization share a common belief that developing graduates of inquiring minds, tolerance, and respect is the best way to create a better world.

*Students interested in entering the **IB Programme** must submit an application that the Applications Committee will use in determining an applicant's eligibility for the programme. Please visit our website at: **mspj.ca** for more details.*



Pre-IB at Michael Power St. Joseph High School:

Our grade 9 and 10 Pre-IB Program aims to develop students into inquisitive, reflective, and critical thinkers, while preparing them for the challenges of the IB Diploma Programme. Students will feel part of a learning community that encourages meaningful discourse and promotes a love of learning. They will be taught by experienced teachers and mentored by Year One and Year Two IB students.

Fun Facts for the IB-minded

Michael Power IB students have exceeded the **world average** in their results in EACH of the past **TWELVE** consecutive years.

Over the **last seven years**, Power IB students have received scholarship offers totalling **\$4 MILLION**.

From **2011-2021**, students have earned the potential of **1000 free first-year university credits**.

In the **2020** IB grad class survey, **98.7% of all students felt well-prepared** for the next level of their academic studies.

A study of American Universities indicates that **88.6%** of students who have attempted the IB diploma programme **COMPLETE four years of university** (the four year graduation percentage for all students who start university is 51.3%).

93% of Power students in the IB class of 2021 **received scholarship offers**.

Power IB graduates are **studying in 6 provinces** and **11 different countries**.

When tested by the University of Toronto, **MPSJ IB grads** planning to complete French courses are often **scored at the Third Year Equivalency level**.

Last year, the **IB class** received an **average of 5 university acceptances** and 94% received their first or second programme choice.

The **university acceptance rate** for MPSJ IB students over the history of the programme is **99.2%**.



Arts and Communications Technology

The Arts & Communications Technology program offers numerous courses that allow students to develop their potential in Drama, Multi-Media Arts, Music, Photography and Visual Arts.

Encouraged to perform on multiple intellectual and analytical levels, students learn and develop life-long skills that will enrich their future.

The love for teaching and artistic talents of our enthusiastic faculty have inspired generations of students. They will stimulate students' thinking while nurturing students' individuality and creativity in a variety of courses.



Provoke your imagination through Dramatic Arts at MPSJ!

Develop skills in communication, collaboration, critical thinking, and problem solving, all while having fun!

Learn in a drama studio equipped with props, costumes, lighting and sound! We offer a grade 9-12 drama program and many opportunities for public performances. Join the school play as an actor or part of the tech and stage crew!



Visual Arts is offered all four years. In the four years students will have the opportunity of exploring various disciplines: drawing, painting, printmaking, sculpture, graphic design and photography. Students will also be able to try out various media: pencil, pencil crayon, charcoal, conte, pastel, acrylic paint, oil paint, watercolour, clay, plaster and plaster strip and many more. Every year students will be able to visit different exhibits and galleries to see current or past art. If students are not able to fit grade nine into their schedule they can take grade ten art without having a pre-requisite.

Our Music Program encourages students to explore their passion for music in a variety of areas. Courses are offered in Instrumental, Strings, Vocal, Keyboarding and Guitar. Students have the opportunity to perform and share their musical talents through events like our annual Power Rocks Concert as well as the MPSJ Drumline.



Explore Communications Technology and Film & Media Arts at MPSJ:

- Professional Film and Photography Studio with green screen cover, DSLR cameras, and LED lighting kits.
- Three High-end Mac computer labs.
- Industry standard design, film, audio, animation, and web design software.
- Industry experienced teachers.
- Narrowcasting system / PowerTV ...
and much more!

Step into the spotlight, it's your time to shine!

Athletic Teams

A critical indicator of success in high school is the degree to which the student feels connected to the school and actively involved in activities outside of the classroom. A varied, vibrant and meaningful co-curricular program allows students to explore their gifts and talents in a safe and nurturing environment under the supervision and mentoring of staff members. Involvement in these activities generates lasting friendships and memories, and will positively contribute to students' portfolios as they apply to post secondary institutions.

Recent Fall Championships / Highlights

2014, 2015, 2019
2015, 2017
2017, 2018
2014, 2016
2017
2015, 2016, 2017
2017
2014 2017
2016
2019
2018
2018

Jr. Boys Soccer
Jr. Boys Football
Sr. Boys Football
Girls Cross Country
Boys Cross Country
Girls Swimming
Boys Swimming
Girls Field Hockey
Boys Singles Tennis
Mixed Doubles Tennis
Senior Boys Cross Country
Jr. Girls Basketball



Recent Winter Championships / Highlights

2015	Sr. Girls Hockey
2015, 2016	Sr. Boys Hockey
2016	Varsity Boys Hockey
2016, 2017, 2018	Boys Alpine Skiing
2016	Boys Alpine Snowboarding
2016, 2017, 2018	Girls Alpine Skiing
2014	Jr. Girls Volleyball
2018	Jr. Boys Basketball
2018	Sr. Girls Swimming
2018	Open Boys Swimming
2018	Curling

Recent Spring Championships / Highlights

2015	Sr. Boys Soccer
2017	Boys Indoor Soccer
2014, 2015	Sr. Girls Soccer
2014	Jr. Girls Track and Field
2014	Sr. Girls Track and Field
2015, 2016	Sr. Boys Softball
2017	Sr. Girls Softball
2018, 2019	OCF Cheerleading

OFSAA

2016	Midget Boys 4X100m Relay
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Pictures taken prior to the COVID-19 Pandemic

Extracurricular Activities

In addition to athletic themed activities, Michael Power St. Joseph hosts one of the largest variety of extracurricular clubs and activities in the TCDSB

Whether you are interested in the choir, robotics, or debating

There is a club for you!

Arts and Music Clubs

Christmas Concert
Stage Band
Clarion - Yearbook
Band
Vocal

Multicultural Festival
Power Rocks!
String Ensemble
Cheerleading
Coffee House Evening

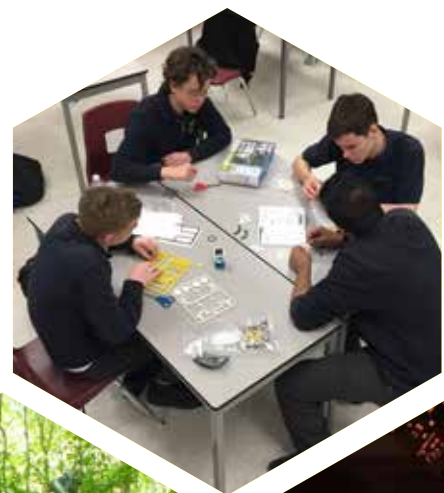
Drama Productions
Orchestra
Drumline
Powerful Visions Art Show
Visual Arts

Skill Based Clubs

Robotics
Pro/Con Debate Team
Chess Team

Fitness
Mock Trial
Reach for the Top

Power Model UN
Duke of Edinburgh Awards





Service/Leadership Clubs

God Squad
 Prom Committee
 S.M.I.L.E Camp
 G.S.A
 Best Buddies
 African Canadian Heritage Month

Peer Ministry
 Green Power
 Camp White Pine
 Amnesty International
 Camp Olympia Leadership

P.I.S.A
 Student Administrative Council
 I.B. Executive
 S.H.S.M Executive
 H.O.S.A. (HealthCare Industry)
 Mental Health Committee

General Interest Clubs

Gardening
 Fly Tying
 Model United Nations
 D.E.C.A.
 Book Club

Gaming
 French
 Anime
 Equity

Aviation
 Science
 Ukrainian Heritage
 Writing Club



Pictures taken prior to the COVID-19 Pandemic

Student Administrative Council

MPSJ's Student Administrative Council (SAC) is a body of students elected to represent their fellow students. The Council works throughout the year from Orientation to Prom to provide you with fun and exciting social activities that bring your peers together - both on and off campus. The Student Council organizes a yearly Club Fair to help link you to the various organizations within the school. Interested in music? Then Coffee House and Talent Show are for you.

Feel like you have a future in broadcasting or social media? Then maybe you'd like to become the new Publicity Rep. How about showing your school spirit? Students from every grade are represented on SAC- including two positions reserved for Grade Nines!

We'd love to have you join the team!





Pictures taken prior to the COVID-19 Pandemic



WE HOPE TO SEE YOU AS PART OF OUR GRADE 9 CLASS NEXT YEAR!

**Teach Me Goodness, Discipline, and Knowledge
Doce Me Bonitatem et Disciplinam et Scientiam**

Administration

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TCDSB: <http://www.tcdsb.org>

TORONTO CATHOLIC DISTRICT SCHOOL BOARD TRUSTEES 2021 - 2022			
Wards			
1. Joseph Martino, Chair	416-912-2401	6. Gary Tarnan	416-912-2488
2. Madhu B. Desai	416-912-2402	7. Nancy Di Pasquale	416-912-2489
3. Sha Li Poon	416-912-2403	8. Donald Di Giuseppe	416-912-2490
4. Frances Lubanski	416-912-2404	9. Angela Kowalski	416-912-2411
5. Maria Russo	416-912-2405	10. Nancy Crawford, Vice-Chair	416-912-2412
6. Frank D'Amico	416-912-2406	11. Karla Jander Barbones, Student trustee	416-912-2413
7. Michael DiGiacomo	416-912-2407	12. Stephen De Gennaro, Student Trustee	416-912-2417

Principal
Vice Principal
Vice Principal
Vice Principal

Martin Clough
Sheila Gilkinson
Steven Silva
Stanley Malec

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**The love of Christ has gathered us together in to one
Congregavit nos in unum Christi amor**

Michael Power was founded in 1957 by the Basilian Fathers
St. Joseph College (Islington) was founded in 1949 by the Sisters of St. Joseph

