

CORPUS CHRISTI

On the Thursday or Sunday after Trinity Sunday, the Church celebrates The Feast of Corpus Christi, also known as The Solemnity of the Most Holy Body and Blood of Christ. This Feast commemorates the immense gift of the Eucharist in our lives and in the Church.

In Latin, *Corpus Christi* means *Body of Christ*. On Holy Thursday, we remember the institution of the priesthood and the Eucharist, the Last Supper, the Agony in the Garden, the betrayal of Judas and the beginning of the Passion of Christ. It is easy to become lost in so many beautiful things to remember. Corpus Christi Sunday allows us to focus solely on celebrating the real presence of Christ – Body, Blood, Soul, and Divinity – in the bread and wine. This year, we celebrate this great feast on **June 11**.

The Eucharist is such a fundamental aspect of our faith but unfortunately, one that we can easily take for granted. It is said that if Angels could envy humans, they would envy our ability to receive Jesus in the Eucharist. When we receive Communion, Christ is closer to us than ever! We should never take this precious gift for granted.

“How many of you say: I should like to see His face, His garments, His shoes. You do see Him. You touch Him. You eat Him. He gives Himself to you that you may see Him, but also to be your food and nourishment.” Saint John Chrysostom


From: <https://mycatholickids.com/the-feast-of-corpus-christi-food-for-the-journey/>

ACTIVITIES

ALL ABOUT THE FEAST OF
Corpus Christi

What we celebrate

Corpus Christi is a feast day with the sole purpose of focusing on the Holy Eucharist.



When we celebrate

Officially the Thursday after Trinity Sunday. However, it's most often celebrated on the Sunday after Trinity Sunday.

Ways we celebrate

- A procession of the Eucharist around your parish.
- Eucharistic Adoration after Mass.
- Praying a traditional Catholic prayer called "Benediction of the Blessed Sacrament" at the end of Mass and singing songs about the Eucharist.
- If the Feast of Corpus Christi is a public holiday where you live, you may see a Eucharist procession (sometimes by candlelight) happening in the streets.

History

Saint Juliana of Liege (1193-1258), who had a great reverence for the Blessed Sacrament, began the cause for the feast day of Corpus Christi. This day would be apart from Holy Thursday when the Church focuses on not only the Eucharist but the washing of the feet, ordained priesthood, and Jesus in agony in the Garden of Gethsemane. Saint Juliana was motivated by a recurring vision of the Church as a full moon with one dark spot, which she interpreted as the absence of a specific reverence to the Holy Eucharist. In her later years, she gained the support of Jacques Pantaléon, at the time Archdeacon of Liège, and other Church leaders. Pantaléon was later elected Pope Urban IV and went on to establish the Feast of Corpus Christi.

Homework

Spend some time in prayer today asking for a greater ability to see the face of Christ in others. (If you're Catholic, spend that prayer time in front of the Blessed Sacrament of the Holy Eucharist). Then say a quick prayer for five random people that you pass throughout your day.

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VIDEOS

- [Catholic Kids Media: What is the Eucharist?](#)
- [Corpus Christi - Children's Liturgy](#)
- [My Time with Jesus - Corpus Christi](#)
- [Dynamic Catholic - The True Presence](#)
- [Oxford Oratory - Reflection for Children on Corpus Christi](#)
- [Catholic Kids Media: What is Pentecost?](#)



5 Ways to Celebrate Corpus Christi as a Family



Eucharist Crafts

